PE in our community

Primary School Games Competitions City in the Community Visits to local places.

> "PE is my favourite subject!!" "I love playing in teams with my friends."

"PE helps me to learn that keeping fit and healthy is important!"

How do we celebrate PE at Pike Fold

During assembly children can bring in trophies, medals or certificates they have achieved outside of school to show to the rest of the children.

Competition results are shared with the rest of the school.



What does PE look like at Pike Fold?

- At Pike Fold we ensure that every child takes part in at least 2 hours of
- physical exercise per week to teach about the importance of leading a healthy lifestyle.
- As a part of the curriculum, we aim to improve children's physical competence as well as, providing them with opportunities to work on their resilience, team work and confidence.
- We provide many extra-curricular sessions to our children so they can take part in sports and activities outside of their PE sessions.

What enrichment takes place as part of the PE curriculum?

Boys Football League. Girls Football League. Yoga club. Multi skills club. Football Club. High five club. Tennis Club. Tag Rugby Club. Enrichment trips to local venues, e.g chill factor / Inflata Nation.