

FOOD FESTIVAL

By Aspens

w/c 7th October, 28th October, 18th November, 9th December, 30th December, 20th January, 10th February

WEEK ONE

	MONDAY Authentic Italian	TUESDAY Family Faves	WEDNESDAY Baking British	THURSDAY Food Festival	FRIDAY Fun Day
Main Event	Cheese and Tomato Pasta Bake v Wholewheat penne with the ultimate tomato sauce topped with cheese	All Day Breakfast Grilled sausage, egg, beans, tomato and hash brown	Roast Chicken and Gravy with Mash ▲ Chicken fillets with mash, stuffing and gravy	Chicken Curry and Rice ▲ Marinated chicken thigh pieces in a buttery curry sauce with rice	Salmon Fish Fingers and Chips MSC salmon fish fingers with chips and peas
Vegetarian Section	Quorn Meatballs and Spaghetti v Quorn meatballs in a tasty tomato sauce with wholewheat spaghetti	Veggie All Day Breakfast v Veggie sausage, egg, beans, tomato and hash brown	Quorn Roast and Gravy with Mash Quorn roast with mash, sage and onion stuffing and gravy	Cauliflower and Lentil Jalfrezi and Rice v Lightly spiced cauliflower and lentil curry with rice	Cheese and Bean Wrap and Chips v Half a wholewheat wrap stuffed with baked beans and cheese
Halal		All day breakfast with Halal Chicken Sausage	Halal Roast Chicken and Gravy with Mash	Halal Chicken Curry and Rice	
Jacket Potatoes			Jacket Potato with Toppings		
The Finale	Italian Crumble Cake Crumble base filled with apples topped with even more crumble	Winter Sponge Orange and cinnamon sponge with a twist!	Fruity Loaf Mixed dried fruit cake with soft brown sugar and cinnamon	New York Cheesecake Baked cheesecake with fruit topping	Lemon Cookie Zesty lemon cookie with juicy fruit

THEME DAYS

Trip to France

Italian Day Out

Try our Scottish Menu

We offer seasonal vegetables, bread, yoghurt and fruit daily.
(allergy information is available)