

What Happens Next?

- If you feel you just need some information, to help to make things better for you and your children, with a single issue.....

Try visiting our [Help and Support Manchester Webpage](#) You will find the contact details of a wide range of agencies and people, who offer information and support.

Visit: manchester.gov.uk/helpandsupportmanchester

- If you feel you would like support to help make things better for your children and you (in a few areas of your lives) the conversation with the worker and a completed Early Help Assessment could help you and your family.

Take this leaflet with you and speak with either your child's Health Visitor, G.P, Nursery keyworker, Sure Start Children Centre, School Teacher, School nurse, College tutors. Other workers like Youth Workers and workers from Housing agencies.

You and they can arrange a suitable time to have a proper conversation with you about what's working well, what could be better and what needs to happen next. They will check that you agree for your information and the main points from the conversation to be recorded on an Early Help Assessment form and if needed shared with other agencies who can potentially offer you and your family practical, realistic Early Help.

This form was given to me by:

Name of Worker:.....

Agency:Tel no.....



The Early Help Assessment

Support for parents and families



What is an Early Help Assessment?

Workers from different agencies work together, with you to sort out any areas of life that your family may want some support with.

It begins with a conversation with you (the parent) and a worker who is usually already offering a service to your children of yourself.

- The conversation looks at different areas of life for you and your family.
- You can talk about how things are going for you with home, housing, work or gaining employment, health, school, college and any social or community issues.
- The conversation will highlight what you feel is working well and what you feel could be better for you and your family.
- The conversation helps those who can offer you support to understand what is the most important issue to you and what is needed to offer you some genuine support.
- After the conversation, you and a worker will be able to agree if you just need some information or advice, or if you need a bit more support from different agencies. Helping you to help your family is the key principle of Early Help.

Is Early Help For Me? Try answering a few questions



Your assessment of how things are going for your family

Home (Housing, benefits, relationships)

- What would I say is working well?
- What would I, or my children say could be better?
- What do I need to do, to make things better?

Work / Training (For all adults in the home)

- What would I say is going well?
- What would I, or my children say could be better?
- What do I need to do, to make things better?

Nursery/ School / Education (For the children in your home)

- What is the one thing I would say is working well?
- What would I, or my children say could be better?
- What do I need to do, to make things better?

Health (Think of everyone in the home)

- What is the one thing I would say is working well?
- What would I, or my children say could be better?
- What do I need to do, to make things better?

Social/Community (Support from family and friends, groups)

- What is the one thing I would say is working well?
- What would I, or my children say could be better?
- What do I need to do, to make things better?

You may want to record your answers below.....

Home (Housing, benefits, relationships)

Work / Training (For all adults in the home)

Nursery/ School / Education (For the children in your home)

Health (Think of everyone in the home)

Social/Community (Support from family and friends, groups)
