

HOME LEARNING

Issue 9—25th May 2020

Welcome to our weekly newsletter. You all continue to be in our thoughts and hope that you are all safe and well. We've seen some great home learning taking place this week, remember do what you can, we know you all have different circumstances and pressures. We are going to send you some suggestions each week that may be of interest and also celebrate some of the great work we have been seeing.

Our school website is being updated regularly under the 'Home Learning' tab with ideas of different resources you can use at home. Please keep sending your photos through to your class teachers through Class Dojo. We are all missing you and are looking forward to seeing what you are all up to!

Mental Health Awareness Week

every mind
matters

This year's theme is 'Kindness' focusing on the power and potential of kindness. Kindness because of its singular ability to unlock our shared humanity. Kindness strengthens relationships, develops community and deepens solidarity. It is a cornerstone of our individual and collective mental health.

For more information visit:

<https://www.mentalhealth.org.uk/>

<https://youngminds.org.uk/>

Last week was Mental Health Awareness Week. Mental Health Awareness Week is the UK's national week to raise awareness of mental health and mental health problems and inspire action to promote the message of good mental health for all. Mental health problems are a growing public health concern. They are prevalent not just in the UK, but around the world. It

is estimated that 1 in 6 people in the past week experienced a common mental health problem and 10% of children and young people (aged 5-16 years) have a clinically diagnosable mental problem³, yet 70% of children and adolescents who experience mental health problems have not had appropriate interventions at a sufficiently early age.

Research shows that protecting our mental health is going to be central to us coping with and recovering from the coronavirus pandemic - with the psychological and social impacts likely to outlast the physical symptoms of the virus.

HOME LEARNING

Questions to ask your child in self-isolation

YOUNGmINDS

What could help you to complete your school work at home? Where would you like to work at home?

Is there anything you want to talk about?

When was the last time you were very happy?

What makes you feel calm?

How can you keep in touch with friends and family at the moment? e.g. Facetime, Whatsapp

What things would you like to do in the future?

What difficulties are you facing now?

What can I do to help?

Where is a place you feel safe?

Would it be helpful if we planned each day together?

Do you have any worries about the coronavirus?

Where in our home do you feel like you can have your own space?

What have you enjoyed about today?

What are you worried about when you lie in bed and can't sleep?

Can you think of anything fun that we can do at home?

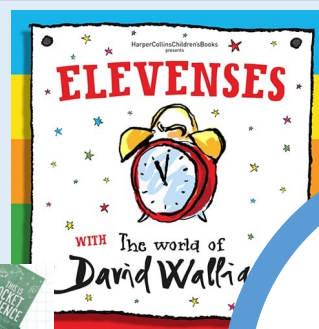
How do you feel about things changing?

How do you feel about staying at home?

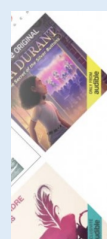


now > press > play

Password: nowpressplay



Life in Lock-down—Have you tried these?



audible
an amazon company

Stories help.

They entertain. They teach. They keep young minds active, alert, and engaged.

Stars of the Week

We've been really impressed with your efforts learning at home and we would like to continue our Friday tradition of celebrating the great work! Well done to the following people.



Corey for your amazing story writing skills. Using chapters, descriptive language and speech. Well done!

Axel for your improved handwriting. Your teachers are so proud!

Molly for your amazing role play in your Whatever Next video! Well done!

Beth for your amazing acting in your Whatever Next video! Well done!

Tanaka for gaining the most activity points in your class Mathletics and excellent progress on Cracking Comprehension! Keep up the good work!

Araiya's fantastic rocket making!

Riley for your fantastic poem about Manchester!

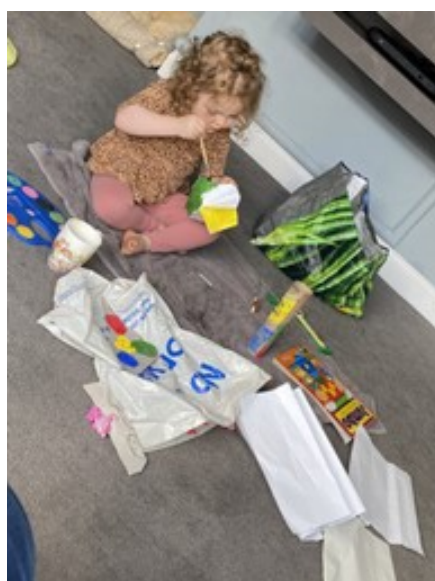
Star of the Week will continue after half term! But please keep on sending in photographs if you are completing any activities over the next



HOME LEARNING

WOW!

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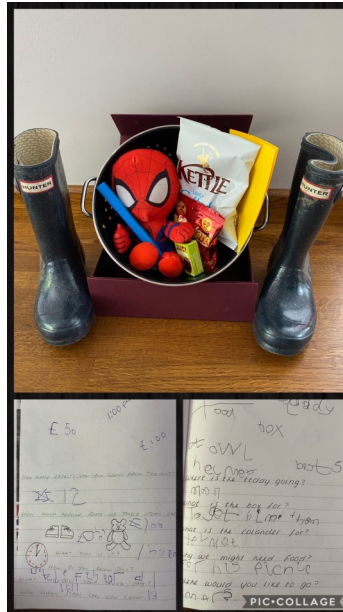


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14:55 Fri 22 May 22.5.2020 47%

We are
Many Hearts United
ALways Strong
Never quiet
Changing every day
Home
Ever growing
Still rebuilding
Totally Inclusive
Extremely diverse
Remembering our **22**

Code Decided To Use His Imagination And Write
 His Own Story:
 The boy and the Pharaoh by Christopher
 CHAPTER 2
 It was only then that I realised that things weren't as simple
 when I went out of the window. Nobody. Not one person was in
 there. It was like someone had gone on holiday and left the house
 empty. I tried to be brave and I saw what was up. There was
 going to be a storm. A big storm. Like a massive tornado
 was in Birmingham (I live in England). This tornado had already
 destroyed half of England, Belgium, Holland, France and the
 tornado started in Berlin. It was like a giant's hand. But now it was
 over me. It was just outside my house. It was as high as a tree. I realised
 that a wicked spirit was up. I rushed upstairs to where it
 and heard out of the window when the tornado took me. I felt
 like years later I dropped, and what felt like a long time
 later. I looked down at myself. I was hurt. I was
 good. I looked around. I could see pyramids.

HOME LEARNING

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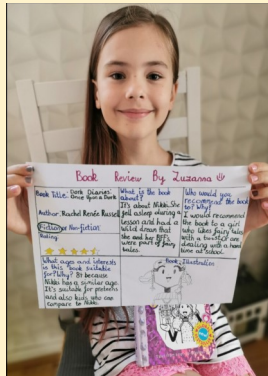
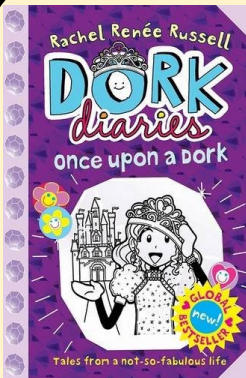
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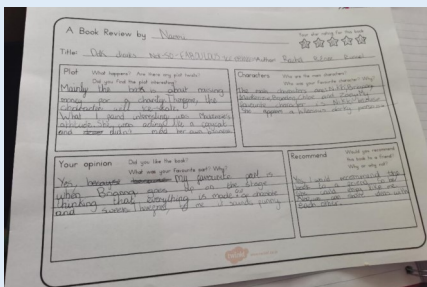
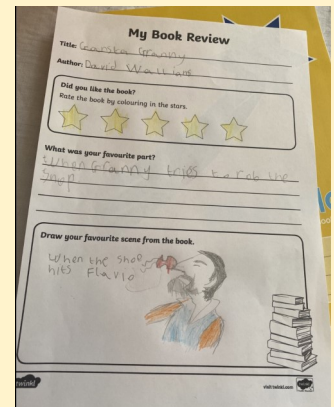
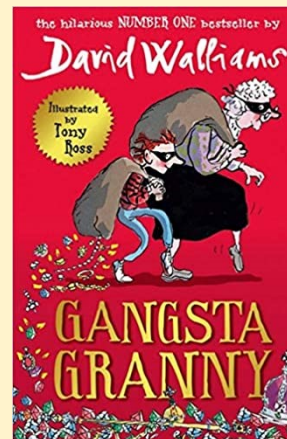
Pike Fold presents....

Each week we would like to feature your reviews so that everyone else can enjoy something different. Whether that is reading a really good book, watching a new TV programme, playing a new game, cooking a scrumptious recipe...Please send your reviews to admin@pikefold.manchester.sch.uk

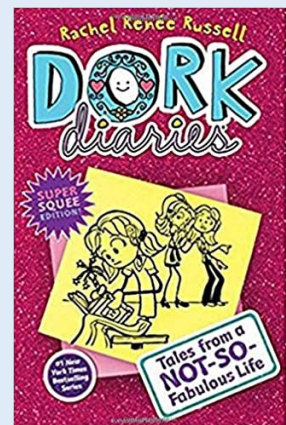


Zuzanna recommends 'Dork Diaries—Once upon a Dork' by Rachel Renee Russell. She has read 3 other books in the series whilst being in lockdown and this is her most recent read after receiving it for her birthday. It features Nikki who had a wild dream that her BFF's Chloe and Zoey were all part of a fairy tale!

Riley has been reading Gangsta Granny by David Walliams. He would give it 5/5 stars. It is about Ben who has stay with his boring Granny every week. He hates going until he discovers something about her past. His favourite part was when Granny tried to rob a shop.



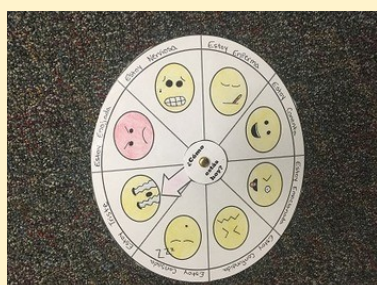
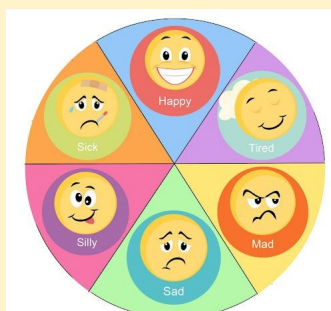
Naomi is recommending 'Dork Diaries—Tales from a NOT-SO-Fabulous life' by Rachel Renee Russell. It is about Nikki as she starts a new school year and a new diary! Naomi's favourite part is when Brianna goes onto a stage and thinks everything is made out of sweets and chocolate.



This week's Positivity Project is:

An Emoji Wheel

Last week was Mental Health Awareness week and the theme is all about being kind to yourself and others. An Emoji Wheel can be a great way to talk together as a family and could be a helpful conversation starter to share with others how you are feeling.



Feelings

silly	excited	happy	calm
annoyed	confused	nervous	surprised
scared	embarrassed	sad	angry
proud	tired / sleepy	curious	worried

Created by Amy Gregory amygregory@gmail.com

We will be setting a family challenge every week while school is closed.

Week 9

'Pike Fold has got talent' - Have you got a talent?



Have you got a hidden talent? Do you love to sing, dance, perform magic or anything in between? Get practicing this week and hold a family talent show, Don't forget about your costumes and props! If you are happy to send us in a video please do and we'll compile them into a Pike Fold has Talent video for us to share to the whole school community!



This is a repeat of last week's challenge. We have had a couple of great video's and would love to share some more with you all. Spend some time this week over half term practising your skills. We would love to produce a Pike Fold has got talent video!