

Pikefold PSHE Framework

Core Themes:	Health and Well-Being		Relationships		Living in the Wider World	
Strands	Physical	Sex and Relationships	Social	Emotional	Economical Wellbeing	Being a responsible citizen
Year 1	Keeping safe and healthy	Growing and caring for ourselves	Beginning to understand me and others	Knowing what to do	Learning about money	Taking part and belonging
Year 2	Keeping myself healthy	Differences	Others and me in my class	Developing Confidence	Keeping money safe	Rights and responsibilities
Year 3	Safe and healthy at home, school and locally	Valuing differences and keeping safe	Supporting friends and other people	More about me	Let's go shopping	Diversity and Society
Year 4	Helping others to keep safe	Growing up	Who are these people?	Taking more control	Work and money	The Environment
Year 5	Drug Education	Changes in puberty	Being strong	Moving on with confidence and clarity	Let's make money	The Media
Year 6	Safe and healthy in the future	Relationships and Reproduction	Me and my place in the world	Celebrate the past and welcome the future	Money in my future	Democracy and Governemt